

# Down Syndrome Association of San Diego

Enhancing the quality of life for people with Down syndrome and their families through education, social and support programs



## DSA NEEDS YOUR SUPPORT!

DSA is a non-profit organization (EIN#33-0220955) affiliated with the National Down Syndrome Society, the National Down Syndrome Congress and the Exceptional Family Resource Center. Charitable Contributions are used to support vital programs that enrich the lives of people with Down syndrome and their families.

### Charitable Contributions . . . . .

**Ensure** that new and expectant parents receive the DSA New Parent Kit including a book, informational video and information regarding key resources to assist parents as they begin their journey. The estimated cost for each kit is \$75. Volunteers donate time to assemble and deliver materials to families and hospitals.

**Support** our collaboration with the Exceptional Family Resource Center (EFRC). EFRC co-sponsors support groups, workshops, and supplements lending library resources and much more!!! DSA works collaboratively with a number of community agencies such as local recreational programs offered through San Diego Therapeutic Recreation Services to enrich the lives of people with Down syndrome.

**Support** social and recreational opportunities for children, teens and adults with Down syndrome and their families. DSA hosts several major events each year and significantly underwrites the cost so that people with Down syndrome and families can participate.

**Support** the DSA website, [DSAsdonline.org](http://DSAsdonline.org) providing staff necessary to administer the site, generate our E-News, and disseminate information, resources, and legislation/policy action alerts.

**Support** efforts to represent the diverse needs of our constituents, influence policy, practice and legislation, which improves the quality of life for people with Down syndrome. DSA is a lead organization in key local, state and national initiatives working closely with the National Down Syndrome Society (NDSS) Policy Center, NDSS Affiliate Advisory Board and Research Coalition, First Call Project and the California Down Syndrome Governmental Affairs Committee.

**CHARITABLE CONTRIBUTIONS help us not only maintain, but also expand our efforts to ensure each person with Down syndrome has the opportunity to realize their hopes, dreams and life aspirations.**

**TOGETHER WE CAN MAKE A DIFFERENCE  
IN THE LIVES OF PEOPLE WITH DOWN SYNDROME!**



ENHANCING QUALITY  
OF LIFE THROUGH  
SUPPORT ACROSS THE  
LIFESPAN

The Down Syndrome Association of San Diego envisions all people with Down syndrome will be afforded the same life opportunities, and will be valued and respected as contributing members of society.