

Down Syndrome Association of San Diego

Enhancing the quality of life for people with Down syndrome and their families through education, social and support programs



Support Children and Adults with Down syndrome!

DSA is a non-profit organization (EIN#33-0220955) affiliated with the National Down Syndrome Society, the National Down Syndrome Congress and the Exceptional Family Resource Center. Charitable Contributions are used to support vital programs that enrich the lives of people with Down syndrome and their families.



Ensure new and expectant parents receive the **DSA New Parent Kit**, which includes a book, informational video and resources to assist parents as they begin their journey. The estimated cost for each kit is \$75. Volunteers donate time to assemble and deliver materials to families and hospitals.



Support family-centered services. Through our collaboration with the Exceptional Family Resource Center (EFRC), family support liaisons provide peer parent support, information and resources to assist families with complexities of parenting a child with unique needs. EFRC co-sponsors support groups, workshops, and supplements the lending library.

Support social and recreational opportunities for children, teens and adults, and their families. DSA hosts several social events each year and underwrites the cost so that people with Down syndrome and families can participate.

Support public awareness and outreach. DSAsonline.org provides current information, resources, legislation/policy action alerts and a comprehensive calendar of community events.

Support efforts to ensure full representation of the diverse needs of our constituents, which impact policy, practice and legislation and improve quality of life. DSA is a lead organization in key local, state and national initiatives, working closely with the National Down Syndrome Society (NDSS) Policy Center, NDSS Affiliate Advisory Board and Research Coalition, First Call Project and the California Down Syndrome Governmental Affairs Committee.



Support education for parents and professionals. DSA hosts an annual symposium which focuses on health care and/or education. Experts in the field present on a variety of topics which link research, policy and practice. The goal is to empower families and professionals with information and resources to improve the quality of care, treatment and outcomes.

Support Literacy for people with Down syndrome. Plans are underway to launch a model reading and language intervention program, which enhances and promotes literacy – reading, speech, language and communication (oral and written expression) skills.



CHARITABLE CONTRIBUTIONS help us not only maintain, but also expand our efforts to ensure each person with Down syndrome has the opportunity to realize their hopes, dreams and life aspirations.



TOGETHER WE CAN MAKE A DIFFERENCE!

ENHANCING QUALITY
OF LIFE THROUGH
SUPPORT ACROSS THE
LIFESPAN

The Down Syndrome Association of San Diego envisions all people with Down syndrome will be afforded the same life opportunities, and will be valued and respected as contributing members of society.